

Women	TO Run Sheet Saturday	Who
08:30	TO's report on site for meeting	ALL
09:00	Radio Check	Chief Race Official
10:00	"This is Chief Swim, Provisional Water Temperature is __°C and air is _ C"	Chief Swim
10:00	"This is Chief Transition, TZ2 opens for check in"	Chief Transition TZ2
10:30	"This is Chief Registration " Athletes lounge is now open - including bike check"	Chief Registration
11:00	"This is Chief Transition, TZ1 opens for bike check in"	Chief Transition TZ1
	This is Chief Transition, TZ2 closed for check in"	Chief Transition TZ2
11:20	"This is Chief Swim, Official Water Temperature is °C"	Chief Swim
11:25	"This is Chief Swim, Swim Course open for Warm Up"	Chief Swim
11:26	"This is Chief Race Official, Official Time is 11:26; 1 hour for the start of the race"	Chief Race Official
11:50	"This is Chief Registration, All athletes except # now registered"	Chief Registration
12:00	Course lockdown confirmed	TD
12:05	Swim & start officials in position, Transition personnel in position, Cycle, Run in position, Lap auditors in position, Wheel stop personnel, Penalty Box personnel in position, Aid Station personnel in position	TD call to All
12:10	"This is Chief Transition, TZ1 closed for bike check in"	Chief Transition TZ1
12:10	"This is Chief Swim, Swim Course closed for Warm Up"	Chief Swim
12:17	Athletes called for introductions	TD
12:25	Athletes on the start pontoon, 1 minute to go until start radio silence	TD
12:26	Race Start	TD
12:27	"This is the Race Referee, we have a [clean Start / False Start]"	Referee
12:27	Athletes bags removed to the Athletes lounge from the swim start	LOC
12:30	Transition Officials in position / Mount Line ready	Chief Transition TZ1
12:30	ALL START OFFICIALS EVACUTATION	Chief Registration/Bike
12:38	"This is Chief Swim, Lead athlete Finishing Lap 1 - 1 Lap to go"	Chief Swim
12:44	"This is Chief Swim, Lead athlete competed swim course"	Chief Swim
12:45	"This is Chief Transition TZ1, Lead athlete in TZ1"	Chief Transition TZ1
12:45	"This is Chief Transition TZ1, Lead athlete on bike course"	Chief Transition TZ1
12:46	"This is Chief Swim, Last athlete competed swim course"	Chief Swim
12:47	"This is Chief Transition TZ1, Last athlete on bike course is number X"	Chief Transition TZ1
	Athlete's numbers __#, Penalty Box	Referee
12:49	This is Chief Lap Auditor - Lead Athlete Finishing Lap 1 - 9 laps to go"	Chief Lap Auditor
12:55	This is Chief Lap Auditor - Lead Athlete Finishing Lap 2 - 8 laps to go"	Chief Lap Auditor
13:01	This is Chief Lap Auditor - Lead Athlete Finishing Lap 3 - 7 laps to go"	Chief Lap Auditor
13:07	This is Chief Lap Auditor - Lead Athlete Finishing Lap 4 - 6 laps to go"	Chief Lap Auditor
13:13	This is Chief Lap Auditor - Lead Athlete Finishing Lap 5 - 5 laps to go"	Chief Lap Auditor
13:19	This is Chief Lap Auditor - Lead Athlete Finishing Lap 6 - 4 laps to go"	Chief Lap Auditor
13:25	This is Chief Lap Auditor - Lead Athlete Finishing Lap 7 - 3 laps to go"	Chief Lap Auditor
13:31	This is Chief Lap Auditor - Lead Athlete Finishing Lap 8 - 2 laps to go"	Chief Lap Auditor
13:37	This is Chief Lap Auditor - Lead Athlete Finishing Lap 9 - 1 laps to go"	Chief Lap Auditor
13:37	This is Chief Transition - transition is ready for TZ2, dismount officials in position	Chief Transition TZ2
13:44	First athlete in Transition	Chief Transition TZ2
13:45	First athlete on run course	Chief Lap Auditor
	Athlete's numbers __#, Penalty Box	Referee
	This is Chief Bike - Athlete number X has been lapped and is out of the race	Chief Bike
13:45	This is Chief Run- The run course is now ready (course change between bike & run)	Chief Run
13:50	This is Chief Bike we have a First Runner / Last Biker scenario in Sector X,Y	Chief Bike/Chief Run
13:52	This is Chief Transition, Last cyclist number # is now on the run course	Chief Transition TZ2
13:53	This is Chief Lap Auditor Lead Athlete is Finishing Lap 1, 3 laps to go	Lap Auditor
14:01	This is Chief Lap Auditor Lead Athlete is Finishing Lap 2, 2 laps to go	Lap Auditor
14:09	This is Chief Lap Auditor Lead Athlete is Finishing Lap 3, 1 laps to go	Lap Auditor
14:10	This is Chief Finish - Officials in position, finish tape ready	Chief Finish
	This is Chief Penalty ""Athlete's numbers __#, Penalty Box""	Penalty box
14:17	This is Chief Penalty box - Leader Runner is at the Penalty Box	Penalty box
14:18	First athlete finishes	
14:20	"This is Chief Finish, Lead athlete has completed the race "	Chief Finish
	This is Chief Finish, Last athlete has completed the race	Chief Finish
	Podium Set Up	TD/Chief Transition TZ2
	Results signed off	Referee
14:30	Elite Medal Ceremony	TD
	This is Chief Transition, TZ2 ready for check out"	Transition
15:00	Officials Debrief	ALL